



OFFICE OF INTERNATIONAL SERVICES

University Center for International Studies

University of Pittsburgh

Useful Information Sources

Office of International Services Resources

You can find information regarding the following (and more) on the OIS website: www.ois.pitt.edu

- English Language Resources
- Health Insurance
- Legal Resources
- Taxes
- Visa Info
- Experience America
- Employment
- Additional Resources for Students, at Pitt, and in the Local Community

Practical Information and Resources

- **Housing Resource Center** – This organization has many useful information housing sources including: apartment listings, sublet/rent opportunities, landlord information, off-campus housing, roommate matching and more (www.ocl.pitt.edu).
- **Health benefits** – this page will help you determine your eligibility and download forms for enrollment or on-line enrollment in UPMC health plan (medical, dental, vision, dependents) (www.hr.pitt.edu/benefits).
- **Pharmacy** – All Pitt students, faculty and staff may use this pharmacy located at the Pitt Student Health Service. They fill prescriptions and sell over-the-counter medication. You may ask about using your health insurance to cover a part of your medication costs. (<http://www.studentaffairs.pitt.edu/shs/pharmacy/>).
- **Public Transportation** – Post Authority of Allegheny County busses are the main public transportation system in Pittsburgh. Certain Pitt ID cards can be used as bus passes, otherwise additional passes can be purchased locations in person or ordered online. More information including trip planners and fare information can be found here (<http://www.portauthority.org/paac>).
- **Parking, Transportation and Services Office** – This office provides wide range of transportation related information (both on and off campus) including University's parking permit application, travel planning, mailing, shuttle services and long distance holiday transportation services to Pitt students, faculty and staff (<http://www.pts.pitt.edu>).
- **Pittsburgh Public School System** – This page gives information on Pittsburgh Public School Districts, districting, entrance requirements, immunization requirements, school start and end dates. (<https://www.pghschools.org>).

Professional Resources on Campus

- **Office of Academic Career Development (OACD)** – Provides career development information for Post Doc associates and scholars, clinical and research fellow, medical and graduate students (www.oacd.health.pitt.edu).
- **University of Pittsburgh Post Doctoral Association (UPPDA)** – Promotes social and professional networking with other Pitt Post Docs (www.uppda.pitt.edu).
- **Office of Research, Health Sciences (OORHS)** – The office gives information on the medical and health schools (<http://www.oorhs.pitt.edu/>).

City of Pittsburgh Information

- **Carnegie Libraries** – The Carnegie Library system is free to the public and offers numerous locations throughout the region. In addition to books and other periodicals, the library offers several programs for people of all ages (www.carnegielibrary.org).
- **Carnegie Museums** – There are 4 museums in the Carnegie Museum system: the Andy Warhol Museum, the Carnegie Museum of Art, the Carnegie Museum of Natural History, and the Carnegie Science Center. If you are a student, you can enter all of these museums for free. If you are not a student, you gain access to all 4 museums when you join as a member (www.carnegiemuseums.org).
- **Fittsburgh** – Presented by the UPMC Health Plan, Fittsburgh is a great resource for anyone interested in living a healthy lifestyle in Pittsburgh (<https://getfitpgh.com/>).
- **Global Pittsburgh** – This organization arranges professional programming, informal dinners and excursions for internationals in Pittsburgh (<http://www.globalpittsburgh.org/>).
- **Greater Pittsburgh Convention and Visitors Bureau** – This is the official tourism promotion agency for Allegheny County and the lead tourist promotion agency for the Pittsburgh and its Country side group (<http://www.visitpittsburgh.com/>).
- **International Women's Association of Pittsburgh (IWAP)** – The International Women's Association of Pittsburgh is for women of all ages, from all nations. The organization helps international women to settle in and discover Pittsburgh. At the same time, it gives women a chance to meet new people and learn about other cultures (<http://iwap-home.blogspot.com/>).